Avenue of the Giants Marathon, Half Marathon, and 10k Run

Run Annually, The 1st Sunday in May. Be there May 1, 2011!

About This Event

The Avenue of the Giants is one of the most beautiful races in the world! It runs through old growth redwoods and follows a natural creek in the middle of a state park. It makes running a breeze and throughly great fun for all. Hope to see you there!

The Course

Staged on "The Avenue of the Giants" in Humboldt Redwoods State Park, located in rural northern California. Course is on a paved road that winds through giant redwoods, it is certified and sanctioned by USAT&F (United States of America Track & Field). Marathon is a qualifying event for the Boston Marathon. www.signmeup.com/Upload/files/UP321_Avenue_Course_Map.pdf

Awards

Overall prize is awarded to top finishing male and female in each event. Divisions are every 5 years from age 20, with an under 20 listing in the Half. Each finisher in the marathon and half marathon will receive a medal upon completion. Marathoners will also receive a patch featuring this years theme. The 10k finishers will receive a finishers ribbon (no age group awards for this event). Awards will not be mailed, please be sure to stay if you think you have won an award!!

Packet Pick-up

Packets will be available for pick-up Saturday, April 30th, onsite at the Dyerville Bridge (near the start of the race) from 10:00am to 5:00pm, or on race day before 9:00am.

Please Print Clearly Sex (M) (F) Age on Race Day _____ Date of Birth ____/____/____

Last Name First Name

Address

City State ZIP (5 or 9 digit)

Phone eMail (*name@service.com*)

Race Name	Early Fee	After 1-01-11
Marathon	$60.00	$75.00
½Marathon	$45.00	$60.00
10k Run	$25.00	$40.00

Please note: The earlier you register the more you save. Fees for all races go up on Jan.1st, with an additional charge on Race Weekend. So don't delay --*Register Today!*

T-Shirt Size (check one) T-shirts only guaranteed race weekend to people who register by ***April 10th 2011***

__ Adult Small __ Womens Small
__ Adult Med. __ Womens Med.
__ Adult Large __ Womens Large
__ Adult X-Lg. __ Womens X-Lg.
__ Adult 2X-Lg. __ Womens 2X-Lg.

Race Fee Total: _____

Relay for Life Donation? ACS: _____ $5.00 Suggested

Total Check Inclosed: _____

Please mail Registration Form to:

The Ave c/o AA Sports Ltd.,
4840 Western Ave.,
Beaverton, OR 97005

Waiver and Release

In consideration of the foregoing, I, for myself, my heirs, executors, adminstrators, and personal representatives, waive and release any and all rights, claims and courses of action I have or may have against "The Ave", its primary sponsor and its affiliates, their agents, employees and officers, directors and their representatives harmless in any event that might arise as a result of my participation in "The Ave" and any pre-and post-event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of hte this event and my physical condition have been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all photographers, vidiographers, and recordings of this event for any legitimate purpose of advertising. I accept any and all medical treatment by licensed personnal on the course in the case of needed attention.

X _____

Date ***ALL ENTRANTS MUST SIGN WAIVER.*** (Parent or Guardian signature required if under 18 years of age)

Call us: 707-822-1861 or eMail us: theave@theave.org

Visit us at:
//www.theave.org/

Timing

ChampionChip timing with start, turn-around, and finish pads. Chips will be in your pick-up packets or you can use your own chip if you have one. Please enter your timing chip number if you own your own. It must be a *ChampionChip* chip: _____

Refunds

There are no refunds. T-shirts will not be mailed, must be picked up on site. Change of race to a different event will incur the cost of the more expensive event with no refund in switching to a lesser event. Transfer from person to person will be granted on an individual basis.

Weekend Activities

Saturday: 4:00 Bill Daniel will present a slide show/talk at the Humboldt Redwoods State Park Meeting room, two miles south of Weott on the "Ave". Saturday: 5:00 "All you can eat" pasta and salad dinners by the Weott Volunteer Fire Department at Weott Veterans Hall, 2 miles south of Dyerville Bridge Staging area.

Travel Information

Campgrounds: Humboldt Redwoods State Park: 707-946-2409 Air Travel: United or Alaska (Eureka / Arcata airport) Tourist Info:

www.redwoodvisitor.org

New Consolidated Race Times

Marathon	8:00 am
Half Marathon	9:00 am
10 K Run	9:15 am

Aid Stations

Aid stations and porta potties will be placed approximately every 2 or 3 miles from the staging area. Aid stations will have water and a sports drink, fruit and radio contact with medical personnel/vehicles. Porta potties will be at the staging area as well.

Six Rivers Running Club